

**Measuring the
collective
wellbeing of
the people of
the UK**



About us

- Carnegie UK is an independent policy foundation.
- For more than 100 years we have been working to improve the wellbeing of people across the UK and Ireland.
- One of our strategic aims is to:



Put wellbeing at the heart of decision-making

Growing support for a wellbeing approach to public policy by working with governments and policymakers at all levels in the UK and Ireland to think differently about how we understand society and contribute to social progress.



Carnegie UK

Improving our collective wellbeing is about everyone having what they need to live well now, and into the future.

The Collective Wellbeing vision:

Everyone having what they need to live well now and in the future.



Social wellbeing

We all have the support and services we need to thrive.



Economic wellbeing

We all have a decent minimum living standard.



Environmental wellbeing

We all live within the planet's natural resources.



Democratic wellbeing

We all have a voice in decisions that affect us.

Life in the UK Wellbeing Index

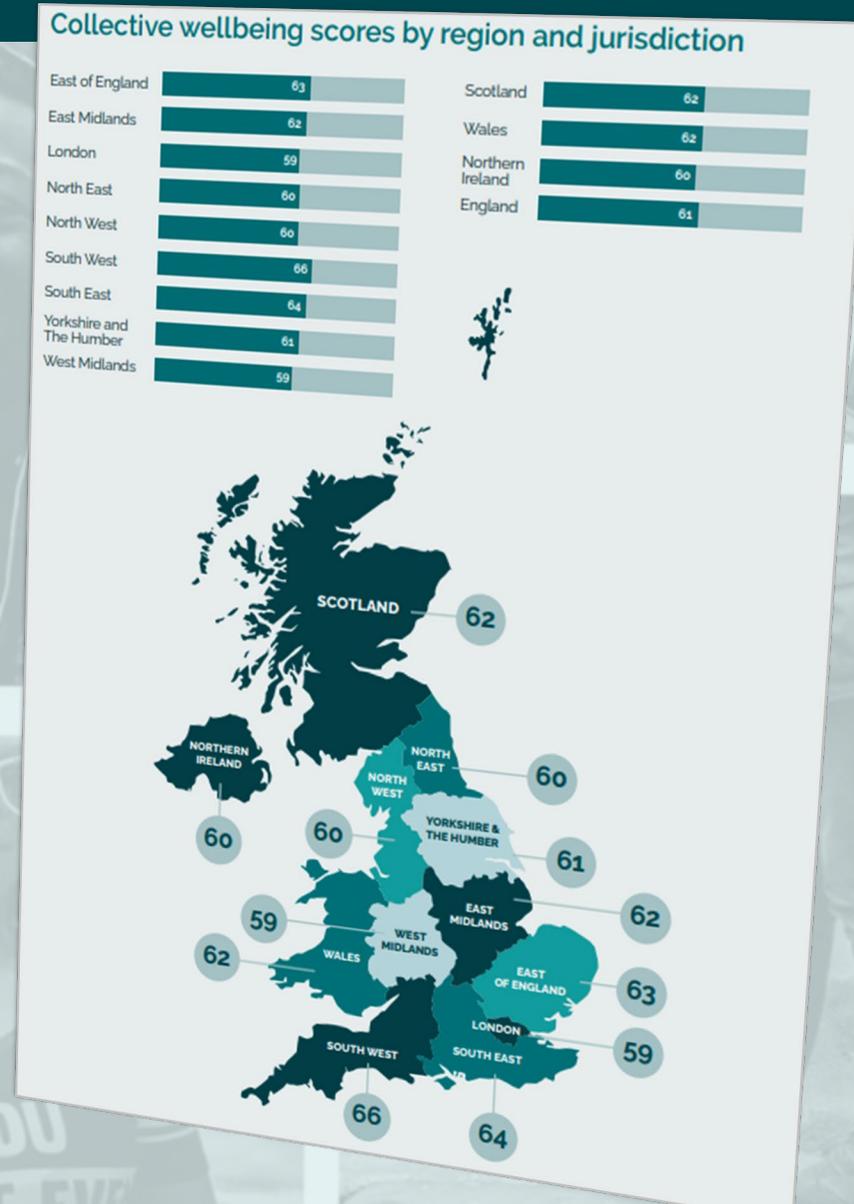
An index designed to measure how well we are living together.

A single figure that captures our collective wellbeing by looking at the social, economic, environmental, and democratic dimensions of our lives.

Index inspired by the arguments of Stiglitz, Sen and Fitoussi Report by the Commission on the Measurement of Economic Performance and Social Progress

Key facts:

- Index now in year 3 with a commitment to run until at least 2030
- Sample size of around 7000 each year
- 26 question survey run by Ipsos
- Good survey sizes for England, Northern Ireland, Scotland, Wales
- Booster applied to capture experience of minority ethnic groups
- Multi-year trend and demographic analysis now possible
- Increased data visualisation from 2025 onward

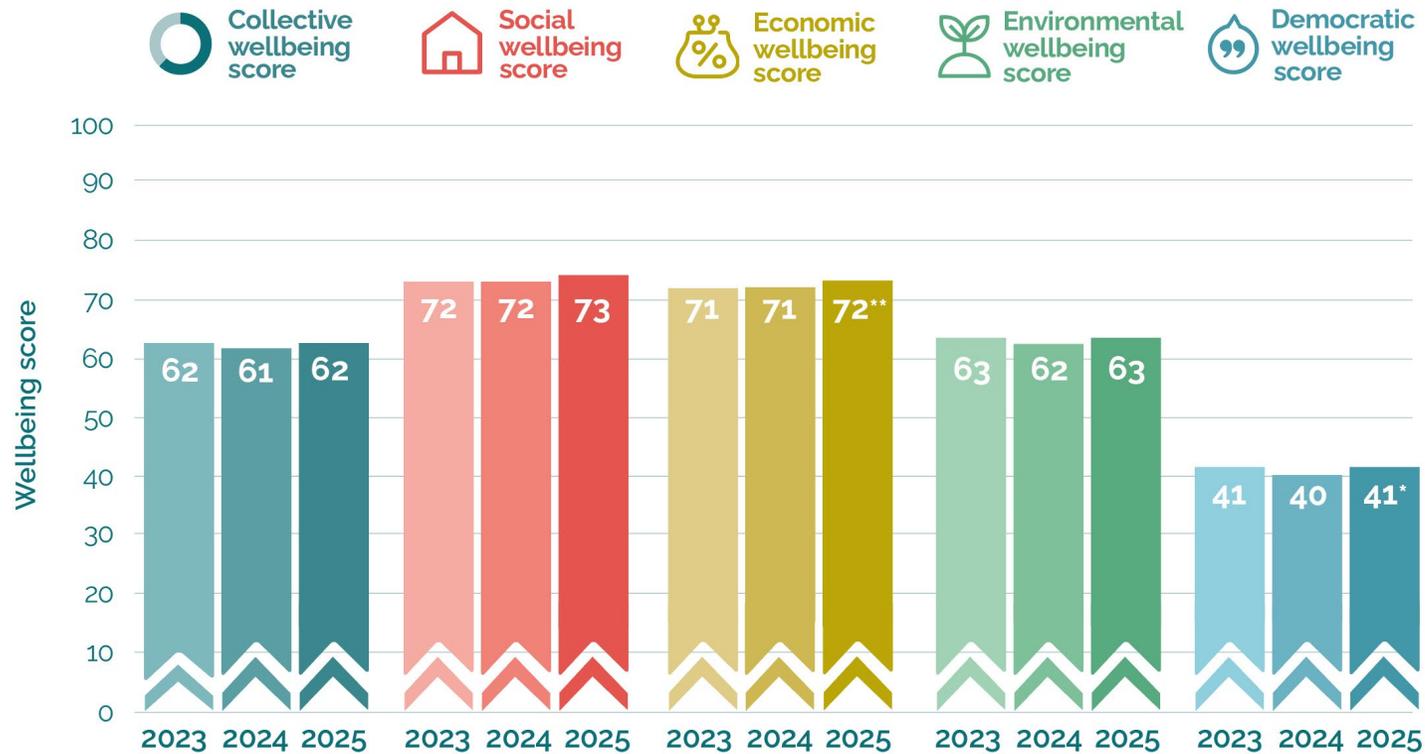




➤ Our guiding principles

- > Timely
- > Comprehensive
- > Robust
- > Relevant
- > Useful
- > Compliance with the UK Code of Practice on Statistics

Key findings: UK



The collective wellbeing score for the UK in 2025 is 62 out of a possible 100.

*Denotes statistically significant vs 2024 result, ** denotes statistically significant vs 2023 result.



Social wellbeing

The social wellbeing score for the UK in 2025 is 73 out of a possible 100.

-  **68%** report that their general health is good or very good, and 65% that their mental health is good or very good, each three percentage points higher than in 2023.
-  **34%** report that it is easy to get a GP appointment at a time when they need one, three percentage points higher than in 2024.
-  **44%** have experienced discrimination in the last 12 months, four percentage points higher than in 2023.

Economic wellbeing

The economic wellbeing score for the UK in 2025 is 72 out of a possible 100. This represents a statistically significant one-point improvement since 2023.

-  **81%** can afford to socialise with friends or family outside of the home once a month if they want to, two percentage points higher than in 2023.
-  **79%** agree that they can afford to keep their home adequately warm, six percentage points higher than in 2023.
-  **62%** agree that their household could afford to pay an unexpected, but necessary, expense of £850, unchanged from previous years.
-  **32%** are dissatisfied with the availability of job opportunities for people in their local area, nine percentage points higher than in 2023.



Environmental wellbeing

The environmental wellbeing score for the UK in 2025 is 63 out of a possible 100.

-  **40%** are dissatisfied with current efforts of the UK Government to preserve the environment. This dissatisfaction has lessened by 4 percentage points since 2023 and 2024.
-  **12%** are dissatisfied with the quality of their nearest local public, green or open space, the same as in previous years.
-  Many people experience issues with litter (**83%**), noise (**64%**) and air quality (**52%**) in their neighbourhood. The proportion of people experiencing problems with litter and with noise pollution are each three percentage points higher than in 2023.

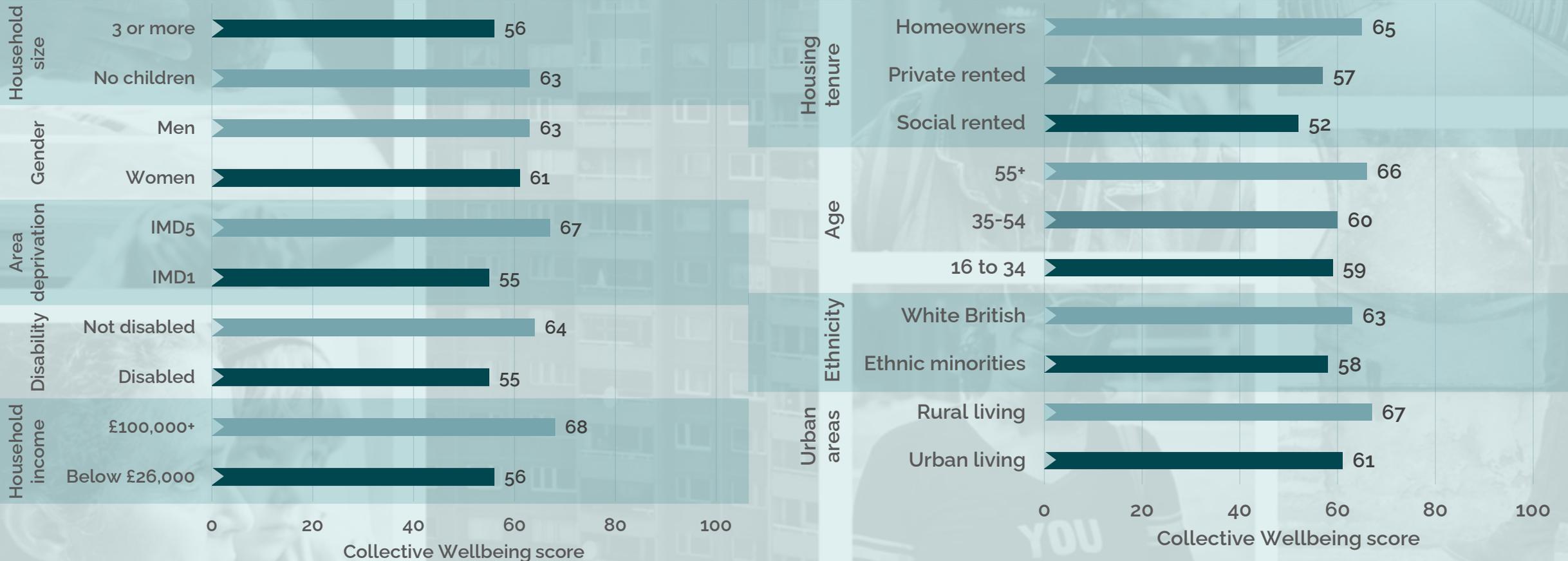
Democratic wellbeing

The democratic wellbeing score for the UK in 2025 is 41 out of a possible 100. This is a statistically significant one-point improvement since 2024.

-  **54%** have medium or high trust in the UK Government, eight percentage points higher than in 2024.
-  **52%** have medium or high trust in MPs, five percentage points higher than in 2024.
-  **72%** do not feel that they can influence decisions affecting the UK, similar to previous years.
-  **68%** have medium or high trust in local councils, four percentage points lower than in 2023.
-  **60%** have low trust in social media, five percentage points higher than in 2023 and **42%** have low trust in big tech companies, six percentage points higher than in 2023.

Life in the UK Wellbeing Index

➤ We don't all have the same Life in the UK





Questions?

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