

About us

- Carnegie UK is an independent policy foundation.
- For more than 100 years we have been working to improve the wellbeing of people across the UK and Ireland.
- One of our strategic aims is to:



Put wellbeing at the heart of decision-making

Growing support for a wellbeing approach to public policy by working with governments and policymakers at all levels in the UK and Ireland to think differently about how we understand society and contribute to social progress.

Our vision

Carnegie UK

Improving our collective wellbeing is about everyone having what they need to live well now, and into the future.

The Collective Wellbeing vision:

Everyone having what they need to live well now and in the future.



Social wellbeing

We all have the support and services we need to thrive.



Economic wellbeing

We all have a decent minimum living standard.



Environmental wellbeing

We all live within the planet's natural resources.



Democratic wellbeing

We all have a voice in decisions that affect us.

Life in the UK Wellbeing Index

An **index** designed to **measure how well we are living together**.

A **single figure** that captures our collective wellbeing by looking at the social, economic, environmental, and democratic dimensions of our lives.

Index inspired by the arguments of Stiglitz, Sen and Fitoussi Report by the Commission on the Measurement of Economic Performance and Social Progress

Key facts:

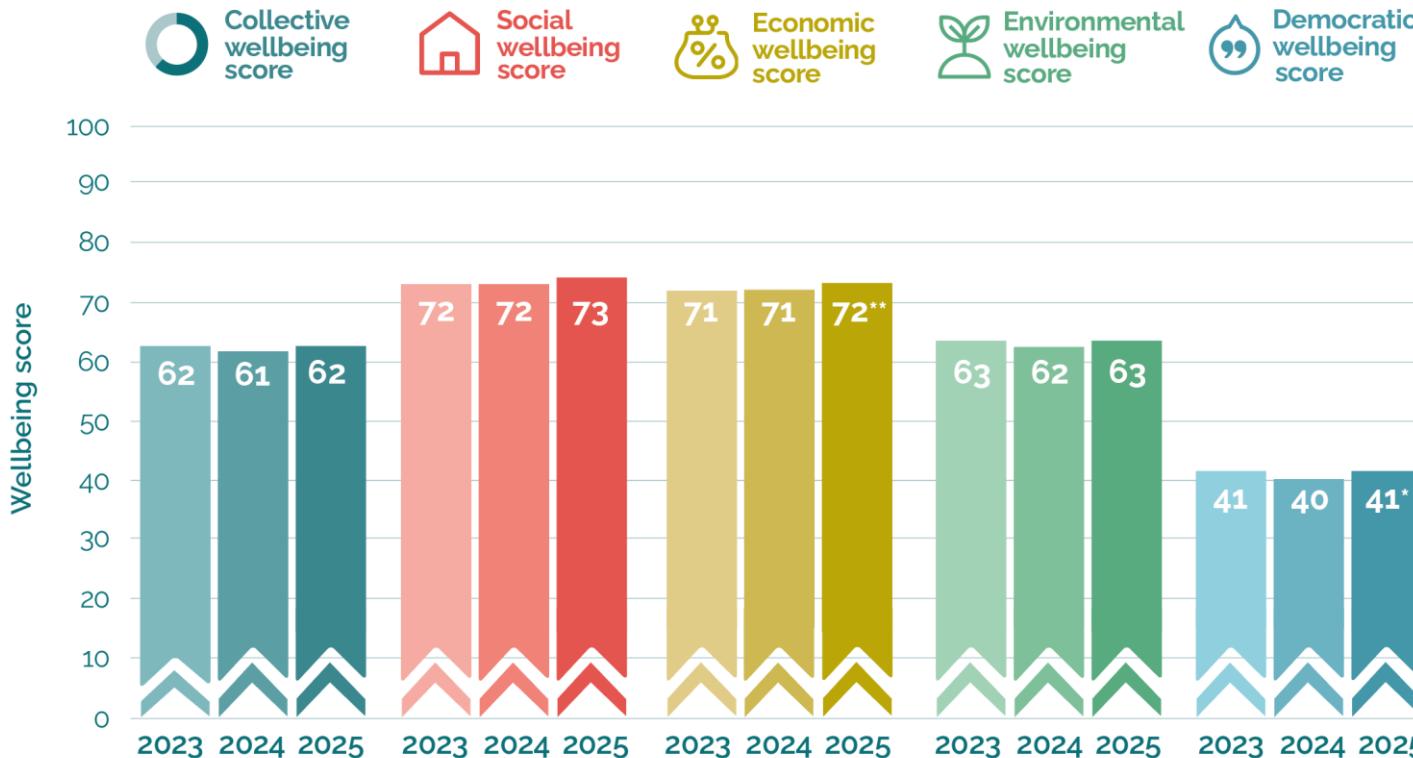
- Index now in year 3 with a commitment to run until at least 2030
- Sample size of around 7000 each year
- 26 question survey run by Ipsos
- Good survey sizes for England, Northern Ireland, Scotland, Wales
- Booster applied to capture experience of minority ethnic groups
- Multi-year trend and demographic analysis now possible
- Increased data visualisation from 2025 onward

Collective wellbeing scores by region and jurisdiction



Life in the UK Wellbeing Index 2025

➤ Key findings: UK



The collective wellbeing score for the UK in 2025 is 62 out of a possible 100.

Data Dashboard Overview

Introduction to our data dashboard

Visualising the data with Datawrapper

Next steps

Life in the UK Data Dashboard

See the results by:

Country

UK / England / Northern Ireland / Scotland / Wales

Demographic Group

All / # children / Age / Area deprivation / Disability / Education / Ethnicity / Gender / Household income / Religion / Sexual orientation / Tenure / Urbanity

You can use the search bar to search for a particular indicator.

 Search in table

Page 1 of 10 

Country	Group	Demogr...
England	# children under 16	0
England	# children under 16	1
England	# children under 16	2
England	# children under 16	3+
England	Age group	16-34 years
England	Age group	35-54 years
England	Age group	55 years +
England	All	Total
England	Area deprivation	1st quintile
England	Area deprivation	2nd quintile

Caveats:

Where base sizes are lower than 50 people, we have removed this data from the dashboard

This data can be found in the complete data tables at the bottom of the Data Dashboard along with full statistical analysis of all the survey questions which sit behind the wellbeing scores



Environmental wellbeing



63, 61, 62, 62, 58, 62, 67, 75, 63, 55, 59, 64

Democratic wellbeing



41, 39, 42, 40, 40, 39, 40, 43, 41, 38, 40, 41

Life in the UK Data Dashboard

See the results by:

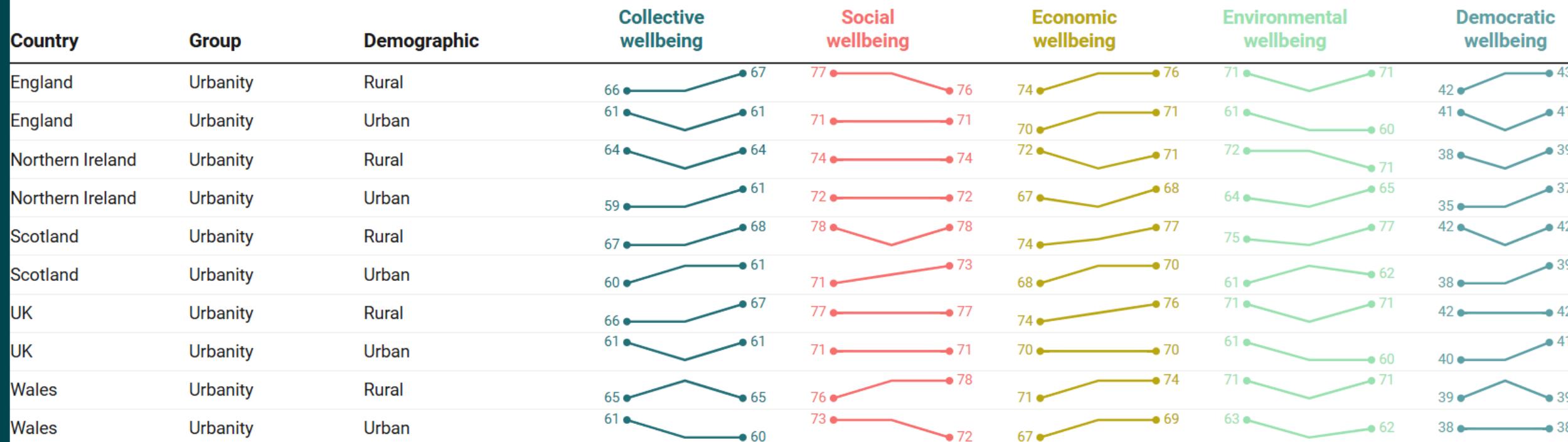
Country

[UK](#) / [England](#) / [Northern Ireland](#) / [Scotland](#) / [Wales](#)

Demographic Group

[All](#) / [# children](#) / [Age](#) / [Area deprivation](#) / [Disability](#) / [Education](#) / [Ethnicity](#) / [Gender](#) / [Household income](#) / [Religion](#) / [Sexual orientation](#) / [Tenure](#) / [Urbanity](#)

You can use the search bar to search for a particular indicator.

×


Visualising the Data with DataWrapper

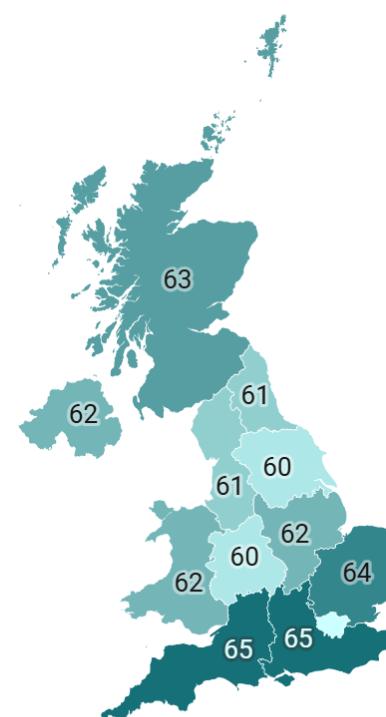
- The Life in the UK Data Dashboard is built using DataWrapper.
- DataWrapper is a simple, powerful web tool for creating accessible charts, maps and tables - no coding skills required.
- Visualisations are responsive and easy to embed online and in PowerPoint.
- Options are available to download visualisations, export data and share on social media.
- Built-in colour blindness checks and previews for different formats.
- Supports team collaboration allowing multiple people to work on the same projects.

Visualising the Data with DataWrapper

You can look at the scores across the UK by the different domains of wellbeing:

Collective **Social** **Economic** **Environmental** **Democratic**

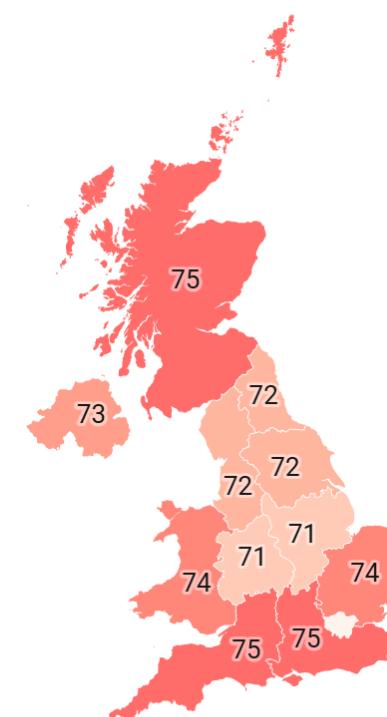
Collective wellbeing score (out of 100)



You can look at the scores across the UK by the different domains of wellbeing:

Social **Economic** **Environmental** **Democratic**

Social wellbeing score (out of 100)

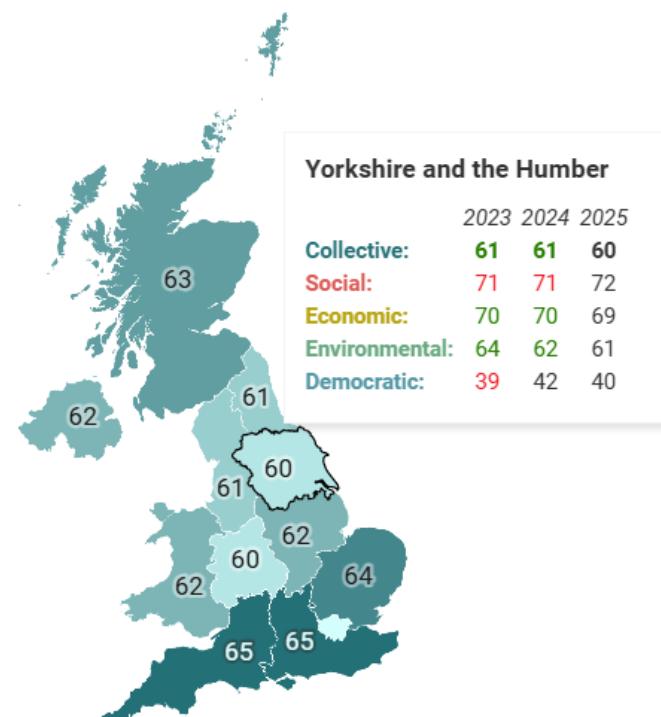


Visualising the Data with DataWrapper

You can look at the scores across the UK by the different domains of wellbeing:

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Collective wellbeing score (out of 100)

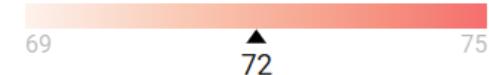


Map: Carnegie UK • Source: Life in the UK • Download image • Created with Datawrapper

You can look at the scores across the UK by the different domains of wellbeing:

Social **Economic** **Environmental** **Democratic**

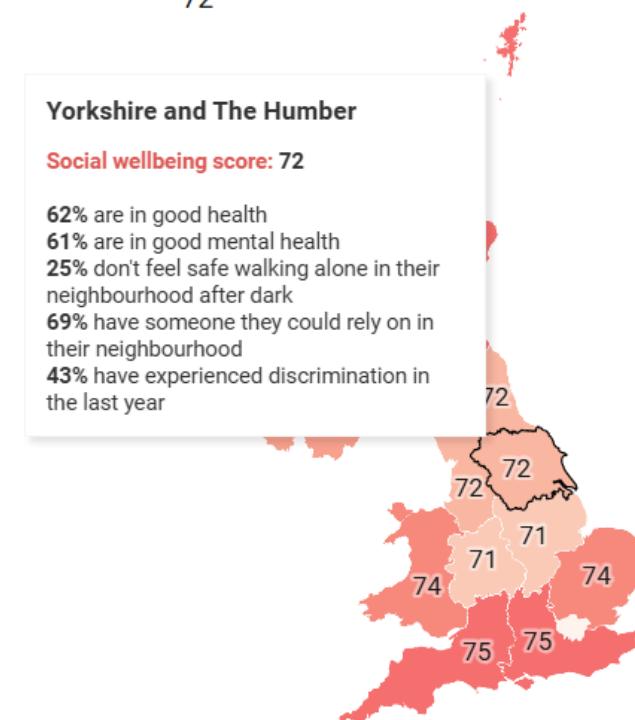
Social wellbeing score (out of 100)



Yorkshire and The Humber

Social wellbeing score: 72

62% are in good health
61% are in good mental health
25% don't feel safe walking alone in their neighbourhood after dark
69% have someone they could rely on in their neighbourhood
43% have experienced discrimination in the last year



Map: Carnegie UK • Source: Life in the UK • Download image • Created with Datawrapper

Next Steps

Enhancing
the
dashboard

Use the
data in
your work

We need
feedback

Get in touch: anna.francis@carnegieuk.org

Life in the UK Wellbeing Index 2025

**Life in the UK reports and launch
webinar:**

<https://carnegieuk.org/life-in-the-uk-index/>

Life in the UK Data Dashboard:

[https://carnegieuk.org/life-in-the-uk-data-
dashboard/](https://carnegieuk.org/life-in-the-uk-data-dashboard/)



Visualising national well-being

Vasiliki Sogia

Lead Analyst

Quality of Life team

Office for National Statistics

The challenge of national well-being

National well-being brings together very different types of data



Topics



Disciplines



Units



Geographies



Frequencies



Office for National Statistics

The importance of language

1. Personal Well-being thresholds

2. UK MNW change labels

Figure 5: Proportions reporting very low, low, medium and high

Our relationships

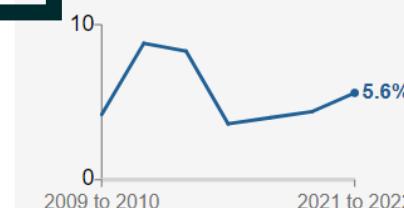


People's relationships can affect their well-being outcomes, including quality of life and happiness. Measures in this topic area cover the presence and quality of relationships people may have with family, friends, and the community around them.

Unhappy partner relationships

Negative change
Since: 2019 to 2020

People in fairly or extremely unhappy relationships, 2009 to 2022, UK



Around 1 in 20 UK adults [i](#) reported being fairly or extremely unhappy with their relationships in 2021 to 2022

Of UK adults, 5.6% reported they were fairly or extremely unhappy in their relationships in 2021 to 2022. This shows both a short-term negative change (4.4% in 2019 to 2020) and a long-term negative change (4.0% in 2017 to 2018).

Source: [Understanding Society, UK Household Longitudinal Study](#)

Updated: 09-Feb-24

Satisfaction with social relationships

Change not assessed

People who are fairly or very satisfied with their social relationships, March 2024, GB

87.1%

Mar 24

Around 9 in 10 adults [i](#) in Great Britain are fairly or very satisfied with their social relationships

Of adults in Great Britain, 87.1% said that they were fairly or very satisfied with their social relationships (friends, family, neighbours, and other people they know), when asked in March 2024. Short and long-term change are not assessed because historical data are not currently available.

Source: [Opinions and Lifestyle Survey from the Office for National Statistics](#)

Updated: 09-May-24



Supporting users

Dashboards need support structures

- Clear definitions
- Intuitive filters
- Consistent colours
- Accessible design

Voter turnout

Negative change

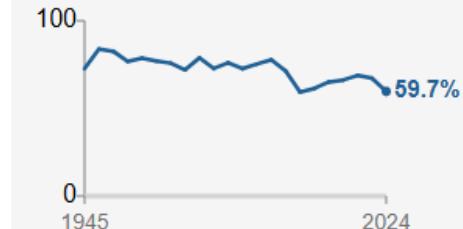
Since: 2019

Just under 6 in 10 registered voters voted in the 2024 General Election, the lowest turnout since 2001

At the 2024 UK general election, voter turnout was 59.7%. This shows a negative change in both the short term (67.3% in 2019) and the long term (68.8% in 2017).

Source: [Voter Turnout from the House of Commons Library](#)

Voter turnout in UK general elections, 1945 to 2024, UK



Updated: 08-Aug-24

Trust in UK government

Positive change

Since: Nov-23

Roughly 3 in 10 adults  in Great Britain tend to trust the UK government

Of adults in Great Britain, 27.9% said that they tend to trust the UK government, when asked in December 2024 to January 2025. This shows a short-term positive change (19.5% in November 2023). Long-term change is not assessed because data for these comparisons are not available.

Source: [Opinions and Lifestyle Survey from the Office for National Statistics](#)

People who tend to trust the UK government, January 2023 to January 2025, Great Britain



Updated: 11-Feb-25



Evolution

To what extent do you feel the things you do in your

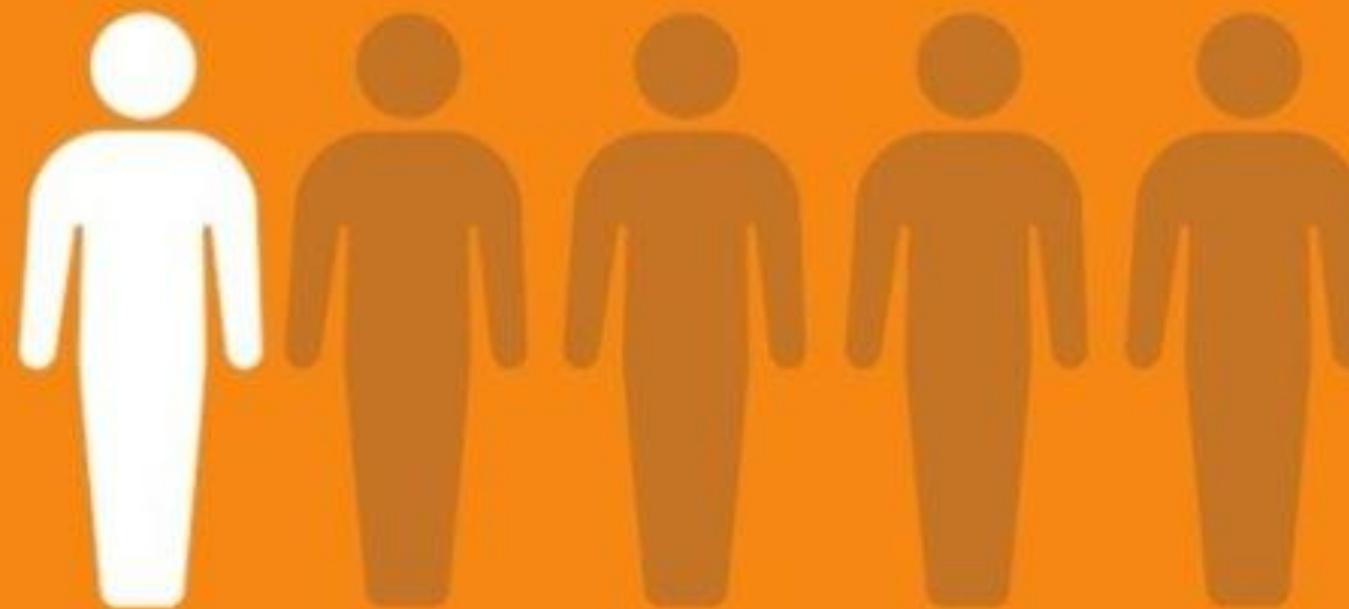
life Young People in the UK

Well-being

W

20

1 in 5 young people aged 16-24 reported symptoms
of mental ill-health in 2013-14



1. UK
2. Any mental ill-health
3. Estimates shown in map are

Source: Annual Population Survey - Office for National Statistics, April 2012 to March 2015

Updated: 14-Nov-14

Closing message



VISUALISATION IS THE
BRIDGE



BETWEEN DATA AND
DECISION-MAKING

